OUTWARD BOUND MÉXICO

To serve, to strive, and not to yield

Experiential Peacebuilding Training
The Experiential Peacebuilding Approach

An intensive 5-day program offered from April 3 to 7, 2016

Joining the power of experiential learning with peacebuilding practice
NATURE DOES GOOD THINGS FOR YOUR BRAIN.

It makes us healthier, happier, more creative and smarter.
LEARNING GOALS

• To explore and understand Experiential Peacebuilding and how it is currently being used.
• To increase and develop participants’ Experiential Peacebuilding activity toolkit.
• To connect and build partnerships with individuals who are interested in Experiential Peacebuilding.
• Cultivate compassionate leaders committed to positive social change.
TRAINING OUTCOMES

• Understand theories and research to support Experiential Peacebuilding
• Recognize the connections between peace, environment and conflict
• Understand how knowledge of the self is integral in experiential peacebuilding work.
• Challenge cultural assumptions and deepen understanding of the other.
• Explore conflict as an opportunity for learning and creative response.
Be part of positive social change, learn techniques to resolve conflict and develop creative responses.
What is Experiential Peacebuilding?

Topics Include:

- What is Experiential Learning / What is Peacebuilding?
- What is Experiential Peacebuilding?
- Examples of Experiential Peacebuilding
- Ritual and Peacebuilding
- Our Approach to Experiential Peacebuilding
Self and Other as Approaches to Peacebuilding

Topics Include:

- Self as A Tool in Peacebuilding
- Personal Centering Practices
- Compassion in Peacebuilding
- My Culture
- Solo and Peacebuilding
- Tools for Effective Listening
Community and Environment as Approaches to Peacebuilding

Topics Include:

- Culture: Community Question Circle
- Conflict and Consensus Building
- Environment as an Element for Peacebuilding
- What does the natural environment teach us about conflict?
Topics Include:

- Group Presentations
- Activities Overview and Manual
- Idea Generation
- Personal vision for peace
- Wrap up and Closing Ceremony
- Evaluations
Wrap-up and harvest of the experience

Topics include:
- Personal vision for peace
- Harvesting the yields of the experience
- Tools for evaluating objectives and involvement of participants.
Ixtlán de Juárez, Oaxaca
In the Northern Mountain Range of Oaxaca, one of the three richest zones in the country with a diversity of fauna of more than 400 species of birds, 350 species of butterfly, and 6,000 plant species. The greatest concentration of the indigenous Zapotec people is found in this region. Great mountains with views of the Cerro Zempoaltépetl, the Papaloapan watershed and the Pico de Orizaba.

About the place

Services included:
- Lodging in cabins
- Local gastronomy
- Transportation
Ixtlán de Juárez, Oaxaca
Lodging
Ana Patel is the Executive Director of the Outward Bound Center for Peacebuilding, leading the organization’s work to use the Outward Bound approach of experiential learning in the outdoors to challenge and inspire young leaders in divided communities to build peace together. Ana brings over 20 years of experience to this position, including professional experiences in peacebuilding, development and human rights, with organizations such as the International Center for Transitional Justice, the United Nations Development Programme, the Carnegie Council on Ethics and International Affairs, the Carnegie Commission on Preventing Deadly Conflict and The Andean Development Bank. She has taught as an Adjunct Lecturer with the Center for International Conflict Resolution at Columbia University since 2001. Her co-edited volume, Disarming the Past: Transitional Justice and Ex-combatants was published in January 2010. Ana is a Returned U.S. Peace Corps volunteer. She did her service in the Dominican Republic. She graduated from Lewis & Clark College in Portland, Oregon and received a Master’s of International Affairs from the School of International and Public Affairs at Columbia University. In 2015, Ana was honored as an International Rotary Peace Fellow.

John E. Lee is the Director of Programs for the Outward Bound Center for Peacebuilding. He brings over 15 years of experience in outdoor leadership, experiential learning and risk and safety management to this position. Most recently, John was the Director of Operations and Programs at Omaha Outward Bound School in the USA. He also worked as the Program Coordinator at Casa Colinas Centers for Rehabilitation Outdoors Adventures Program. A gifted facilitator and instructor, he has provided consultation and instructional services for a wide array of government, non-profit and for profit organizations, including Fortune 500 companies. He served as a U.S. Peace Corps Volunteer in Romania and worked with Outward Bound Romania for over two years. John earned his Master's in Experiential Education from Minnesota State University.
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<th>Program</th>
<th>Length</th>
<th>Price</th>
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<tr>
<td>Experiential Peacebuilding Techniques Training</td>
<td>5 Days</td>
<td>$16,000 MXN + tax</td>
<td>- 50% $8,000 MXN + tax</td>
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* At Outward Bound México and Outward Bound Peacebuilding we are raising funds to provide scholarships of over 50% of the program cost. Ask about our early payment date to receive an additional 10% off.

**Includes**

- Program design and facilitation by Instructors certified in outdoor experiential education.
- Material and equipment for participants
- Entrance to national parks
- Lodging, meals and local transportation
- Paramedic 24 hours
- Transportation round-trip from Mexico City
- Major medical and accident insurance in wilderness areas.
- Evaluation and follow-up:
  - Preliminary and post survey given on site
  - 1 month / 6 month and 1 year follow-up calls
  - Ongoing support and coaching from Outward Bound Peacebuilding facilitator

The course will be given in English.
Present in 40 countries, learning experiences backed and supervised by the Outward Bound International organization.

Inspire and develop a persons’ character through expedition experiences, getting participants our of their comfort zone with specific growth goals.

A completely new context, adventure challenges, and close contact with nature and with others, foster the environment for participants to grow.

Our mission is to impel leaders and future leaders to discover their full potential and to be more conscious of themselves, others and the world around them.

leadership, communication, systemic thinking, teamwork, empathy, emotional intelligence, creativity, decision-making, biocentric ethics, problem resolution, conflict management and critical thinking.
We use the Outward Bound approach of experiential learning in the outdoors to challenge and inspire emerging leaders in divided societies to build peace.

We work with partners around the world to design experiential peacebuilding programs that encourage compassionate leadership, cooperative learning and creative action.
Dedicated since 2005 to furthering and inspiring the development of thousands of students through wilderness expeditions. Today, OBMx has more than 40 routes around the Mexican Republic where the techniques and methodologies of experiential learning are combined with adventure activities, cultural interactions in deep Mexico and regenerative socio-environmental service. This combination strives to generate the maximum value possible for all of the actors involved from the widening of comfort zones to the discovery of one's true individual potential.
THE OUTWARD BOUND EXPERIENCE
Components of Experiential Learning

- Out of the classroom learning
- Learning by doing (Do, Reflect, Revise, Repeat)
- A shared experience between equals
- Risk taking and contemplation/reflection
- Engages a diversity of strengths
- Builds common language between strangers
- Learning with mind, body and senses
- Identifies and supports connections and capacities for peace
“I am happy because this course opens the door to NATURE and to seeing LIFE in another way.”
CONTACT

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